

# Handy Helps

## GAME SUPPLY LIST

Use the following supply list to plan your game needs. This list assumes you have one game area, with different age groups coming through at different times. Large churches will have more than one game area. Modify the list as necessary based on your chosen game(s) for the day. Extra game ideas that can be used any day are listed at the back of this guide. The supplies for those games are not shown here.

Day/Game	Game Supplies	Amount Needed
File 001 Chariot Races	Toy hoops	1 per team
	Jump ropes	1 per team
	Rope or masking tape	Enough for boundary lines
	Orange cones	1 per team
File 001 Crocs, Cats, and Cobras	Rope or masking tape	Enough for 2 boundary lines
File 001 Super Simple Idea Versions of Leap Frog	No supplies needed	
File 001 Just for Younger Sleuths Walk like an Egyptian Animal	Pool noodles	1 per child
File 001 Just for Younger Sleuths Cats and Cobras	Rope or masking tape	Enough for boundary lines
File 002 Spin and Shoot	Baseball bat	1 per team
	Beanbag	1 per team
	Box, basket, or toy hoop	1 per team
	Rope or masking tape	Enough for boundary lines
File 002 Super Stretch	Toy hoops	16 (4 each of 4 different colors)
	Index cards	At least 16
	Marker	1
File 002 Super Simple Idea Ouch!	No supplies needed	
File 002 Just for Younger Sleuths Mirror, Mirror	CD player	1
	VBS Music CD	1
File 002 Just for Younger Sleuths Pharaoh Fellow	No supplies needed	
File 003 Cave Race Relay	Refrigerator boxes	1 per team
	Permanent marker	1
	Foam splash balls and buckets of water	1 per team
	Rope or masking tape	Enough for boundary lines

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Day/Game	Game Supplies	Amount Needed
File 003 Parts of the Body Tag	Bandanas, strips of cloth, or wristbands	1 for every 10 children
	Horn, megaphone, or whistle	1
	Orange cones	4
File 003 Super Simple Idea Amazing Hands	Toy hoops	Amounts will vary
File 003 Just for Younger Sleuths Caravan Criss Cross	Large box	1
	Stickers or soft candies	1 per child
File 003 Just for Younger Sleuths Snakes!	No supplies needed	
File 004 Egyptian Training Stations (Choose which supplies you want to use.)	Rope or masking tape	Enough for boundary lines
	Pool noodles	2
	Baby pools or clear storage bins	2
	Cones	6
	Stopwatches	2
	Foam splash balls and buckets of water	2
	Bouncy balls with handles or stick horses	2
	Squirt guns	2
	24-inch pool noodles (cut regular ones in half)	6
	Playground balls	4
File 004 Nile Crocodile	Buckets of water	2
	Foam splash balls	20–24 (10–12 per team)
	Orange cones	4
	Rope or masking tape	Enough for boundary lines
File 004 Super Simple Idea Easy Nile Crocodile	Rope or masking tape	Enough for boundary lines
File 004 Just for Younger Sleuths Cross the Nile	Sprinkler, hose, and water spigot	1 of each
	Rope or masking tape	Enough for boundary lines
File 004 Just for Younger Sleuths Hop Along	Rope or masking tape	Enough for boundary lines
	Toy hoops	Amounts will vary
	Optional: Squirt guns	1 or more



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Day/Game	Game Supplies	Amount Needed
File 005 Team Pyramids	Small wooden blocks	30 per team
	Building board	1 per team
	Rope or masking tape	Enough for boundary lines
File 005 Team Obstacle Courses	Misc. supplies (see p. 27 for possibilities)	
	Rope or masking tape	Enough for boundary lines
	Stopwatch	1
File 005 Super Simple Idea Shrinking Oasis	Rope	1 long piece
File 005 Just for Younger Sleuths Parachute Teamwork Activities	Parachute, blanket, or sheet	1
	Rubber snakes	3–10

# Game Instructions

## FILE 001: CHARIOT RACES

### Supplies

- Toy hoops, 1 per team
- Jump ropes, 1 per team
- Rope or masking tape
- Cones, 1 per team

### Pre-Prep

1. Mark the start line for each team with rope or masking tape. Place a cone some distance away for each team.
2. Place a toy hoop and a jump rope at each start line.

### Teaching Tie-In

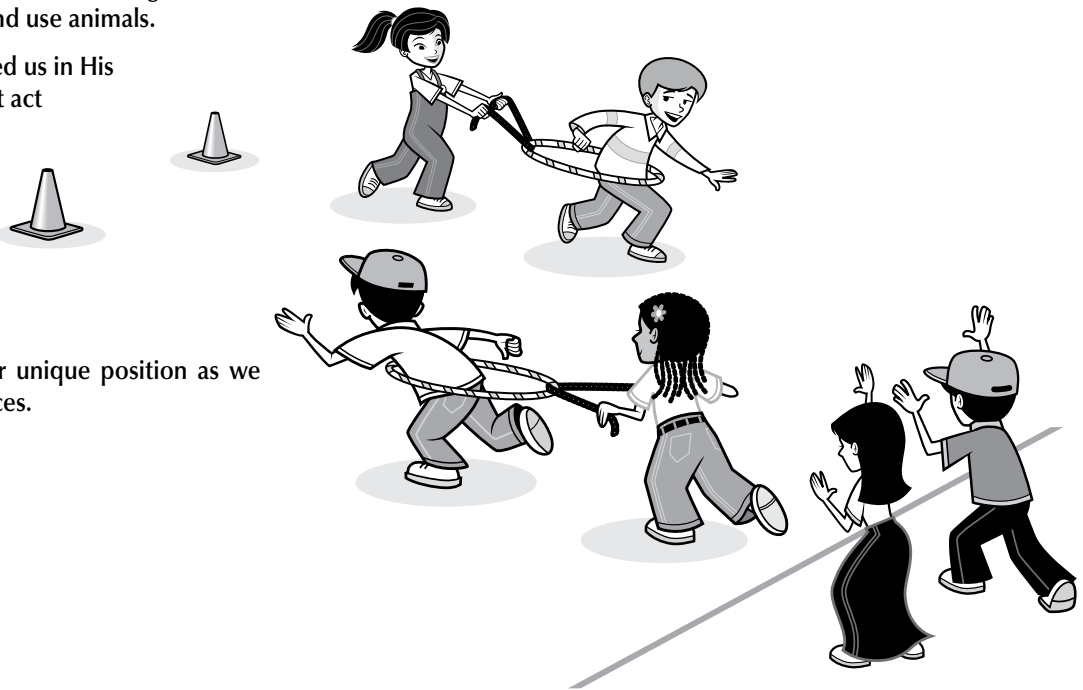
Say:

In ancient Egypt, horse-drawn chariots were often used in battle. A skilled driver was able to control his horse with the use of a bridle and some reins.

This is an example of having dominion over animals. God gave people dominion over animals, which means He put us in charge of them. We are not just another animal, as some would have us believe. We are a unique and special creation of God, made in His image, with eternal souls. We can think and reason, allowing us to make decisions to wisely care for and use animals.

Because God created us in His image, we shouldn't act like animals. We should read the Bible to learn how to live, and we should treat others with kindness and respect.

Let's remember our unique position as we try some chariot races.



### Class Time Directions

1. Divide the class into relay teams of six or eight kids each. Station each team behind a start line.
2. The kids in each relay team must pair up, with one being the "charioteer," and the other being the "horse." The horse gets in the toy hoop (the bridle), and the jump rope (reins) are looped over the back of the toy hoop. The charioteer gets behind the horse and holds on to the jump rope reins.
3. On the "go" signal, the teams start off. They run around their designated cone and return to the start line, where the next pair of kids is waiting to go.
4. The team that finishes first wins the chariot race.

### Tip Corner

- A simpler version for younger children does not use the horse. Instead, the child gets inside the toy hoop, which is the chariot, and runs while holding up the chariot.
- If the teams have an uneven number of children, someone should go twice.
- This game is great fun for all ages.